

matruvani

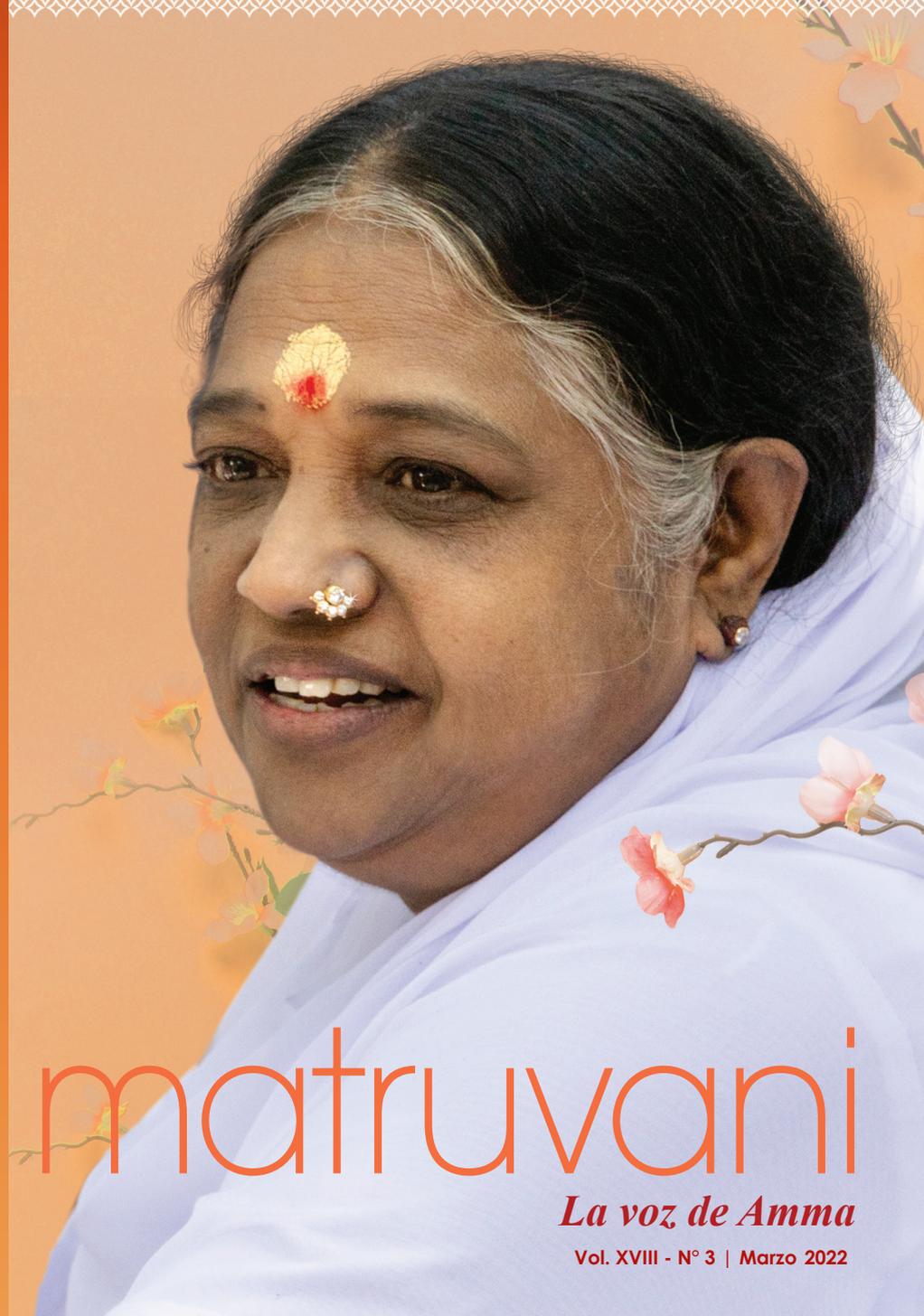
Marzo 2022 (español)  
Reg. n° KERSPA00002



Desarrolla la habilidad de dar un  
paso atrás como testigo de tus  
pensamientos.  
Eso fortalecerá tu mente.

— Amma

Spanish

A portrait of Amma, a woman with dark hair and a bindi, wearing a light blue sari. She is smiling slightly and looking to the left. The background is a soft orange color with floral decorations.

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*La voz de Amma*

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